

Senior Resource

2010

Covering Richland County and the surrounding region

Richland County Senior Coalition

Collaborating to promote the highest quality of health and dignity for seniors.

Current Membership

Karen O'Dell	Senior Companion Program
Maxine Stoner	The Lodge at Lone Tree Creek
Kathy Helmuth	Richland County Health Department
Cindy L. Eleson	Richland Opportunities, Inc.
Kelly Wilkinson	Crestwood Support Services
Judith LaPan	Richland County Health Department
Shelly Rosaaen	Richland County Commission on Aging
Idelle Badt	Richland/McCone Retired Senior Volunteer Program
Rita Jacobson	Richland/McCone Retired Senior Volunteer Program
Kay Johnson	Sidney Health Center Extended Care
Jeanna Janeway	Sidney Health Center
Jodi Berry	Richland County Transportation

Contents

Caregiver Resources	
Eastern Montana	5
Richland County	6
Dawson County	7
Sheridan County	7
Williams County	8
Disability Resources	9
Emergency Resources	
Montana and North Dakota	10
Montana	11
North Dakota	12
Fitness Services	
Richland, Dawson and Roosevelt Counties	13
Williams County	14
Health Care Resources	
Eastern Montana	15
Richland County	17
Dawson County	19
Sheridan County	23
Roosevelt County	24
Williams County	26
Home Care Services	28
Housing Resources	
Richland County	29
Dawson County	30
Sheridan County	31
Roosevelt County	31
Williams County	32
Information Services	33

Contents

Nursing Homes	
Richland, Dawson, and Sheridan Counties	34
Roosevelt and Williams Counties	35
Nutrition Services	
Montana and North Dakota	36
Richland County	37
Dawson County	39
Sheridan County	40
Roosevelt County	41
Williams County	43
Senior Centers	
Richland County	45
Dawson and Sheridan Counties	46
Roosevelt and Williams Counties	47
Transportation Resources	
Richland, Dawson and Sheridan Counties	48
Roosevelt and Williams Counties	49
Veterans Services	
Richland Dawson and Roosevelt counties	50
Williams County	51
Volunteer Services	
	52

Care Giver Resources

Eastern Montana

Area 1 Agency on Aging

Your Local Montana Contact
For Aging services

2030 N Merrill Ave
Glendive, MT
(800) 551-3191

Senior Companions

Senior companions provide limited services to anyone over 60, or under 60 with medical needs as long there is a companion available. Senior companions may help with transportation, paperwork, shopping, preparing a meal, respite care for primary care givers or just being a friend for social activities.

1201 w Holly St
Sidney, MT,
406 -433-4635

Hospice

Richland County
116 3rd Avenue NE
Sidney, Montana
406-488-2226

Dawson County
207 W. Bell Street
Glendive, MT
406-345-3395

Williams County
1301 15th Ave W
Williston, ND
701-774-7430

Sheridan County
440 W laurel Ave
Plentywood, MT
406-756-3733

A specialized concept of care designed to provide comfort and support to individuals and their families when life-limiting illnesses no longer respond to cure-oriented treatments.

Hospice Care is provided by a team oriented group and addresses all symptoms of disease, with a special emphasis on controlling a person's pain and discomfort.

Hospice assists with emotional, social and spiritual aspects of life threatening disease that impacts the individual, their family and friends.

Bereavement and counseling services are included in Hospice services.

Care Giver Resources

Richland County

Caregiver Support Group

216 14th Ave SW
Sidney, MT

The Caregiver Support Group at Sidney Health Center is designed to help you take care

488-2194 or 488-2327

of yourself, so that you can better care for your loved ones.

Extended Care—Respite Care

104 14th Ave NW
Sidney, Mt

Golden Bridge Care:

406-488-2300

This program offers general day services at Extended Care, such as dining, beauty shop services, and activities. Transportation to and from these day services is available.

Respite Care: Respite Care is available for short stays up to five consecutive nights, where nursing, supervision, meals, activities, and companionship are needed.

Home and Community Based Services:

Medicaid Waver

124 S Central Ave
Sidney, MT

This Programs helps seniors who are Medicaid eligible and wish to remain independent but need some assistance to remain in their homes. It can also

1-800-331-7575 ext 2320

provide short respite stays for caregiver relief.

Care Giver Resources

Dawson County

Adult Protective Services 218 w bell St Suite 203
Glendive, Mt
406-377-1192
Investigates reports of abuse, neglect and exploitation of elderly and disabled adults. APS also can provide protection services when necessary.

Alzheimer Support group Eastern Montana veterans Home
2000 Montana Ave
Glendive, MT
406-345-3326
Meetings held on the 3rd Thursday of each month at Noon. Pamphlets, lists of resources, and public speakers are also available.

Extended Care—Respite Care 202 Prospect drive
Glendive, Mt
406-345-3320
Offers a full range of specialized geriatric services including short term respite stays, 24hour skilled nursing care, Alzheimer and hospice care.

Sheridan County

Respite Care 440 W Laurel Ave
Plentywood, MT
406-765-3735
The Sheridan Council on Aging works along with the Home Health Department and Sheridan Memorial Hospital to provide respite care to area families. Care can be provided in the patients home as well as at the Nursing Home.

Care Giver Resources

Williams County, ND

North Dakota Department of Human Service

Aging Services Division

1237 West Divide Ave, Suite 6

Bismarck, ND 58501

701-328-4601

Senior Info Line

1-800-451-8693

ND Family Caregiver Support Program

At The Northwest Human Services Center

316 2nd Ave W

Williston, ND

701-744-4600

For those caring for an adult age 60 and older and for a person 60 and older caring for children under 18.

Helps provide information about local services and supports, assistance from trained caregiver coordinators, provides individual and family counseling, support groups and training, and provides respite care.

Bethel Lutheran Home: Respite Care

1515 2nd Ave W

Williston, ND

701-572-6766

Offers day and short term

respite stays up to 14 days. Day care offers

hours from 7am till 6pm and offers services including therapy, beauty shop and transportation.

Disability Services

Richland County

Richland Opportunities Inc. (ROI)

1101 Silurian Lane
Sidney, Mt
406-488-3341

Richland Opportunities provides support services to persons with developmental disabilities including housing services, vocational services and transportation. They specialize in disability services for all ages.

Williams County

Independence, Inc

11 E Broadway
Williston, ND
701-572-7373

Working to help individuals with disabilities to live independently.

Opportunity Foundation

612 E Broadway
Williston, ND
701-744-8593

Provides support to individuals over 21 with developmental disabilities ,

Emergency Resources

Red Cross

Great Falls , MT
1-800 272-6668

www.montanaredcross.org

Bismarck, ND
4007 State St,
Bismarck, ND
701-233-6700
www.ndredcross.org

The American Red Cross, a humanitarian organization led by volunteers and guided by its Congressional Charter and the Fundamental Principles of the International Red Cross Movement, will provide relief to victims of disaster and help people prevent, prepare for, and respond to emergencies.

If you have been affected by a disaster and require Red Cross services please call your state office.

Salvation Army

Richland County
Bob Burnison
110 2nd Ave NW
Sidney, MT,
406-433-2210

Dawson County
OPA
121 S. Douglas St
Glendive, MT
406-377-4314

Williams County
117 18th St E
Williston, ND
701-572-5085

Provides help to anyone in an emergency situation. Aid includes housing, medical services, and other emergency help. Call the local office for information on what service they provide in your area.

Emergency Resources

Office of Public Assistance

Richland County

1201 W Holly St, Suite 2
Sidney MT
(406) 433-2282

Dawson County

121 South Douglas Street
Glendive MT
(406) 377-4314

Sheridan County

100 W Laurel Ave
Plentywood, MT
406-765-1370

Roosevelt County

400 2nd Ave S
Wolf Point, MT
406-653-1210

Emergency services

Temporary Assistance for Needy Families: (TANF)

Provides temporary cash assistance for families that meet the criteria. Those who may be eligible for TANF benefits are:

- Minor children;
- Certain relatives with whom minor children are living, including siblings;
- Women in their last trimester of pregnancy who have no other eligible children; and
- Refugees with minor dependent children.

Emergency Assistance:

Provides emergency aid to meet the needs of families with children who have unforeseen and unavoidable emergencies (fires, medical situations, etc.). Some examples of emergency assistance: Food; Shelter Costs; Clothing; Utilities; Personal Expenses.

Emergency Resources

Williston, ND



Williams County Social Services Board

Emergency Services

110 E Broadway Ste 202
Williston, ND
701-774-6300

Temporary Assistance for Needy Families: (TANF)

Provides temporary cash assistance for families that meet the criteria.
Those who may be eligible for TANF benefits are:

- Minor children;
- Certain relatives with whom minor children are living, including siblings;
- Women in their last trimester of pregnancy who have no other eligible children; and
- Refugees with minor dependent children.

Fitness Services

Richland County

Sidney HealthWorks

216 14th Avenue SW
Sidney, Montana
406-488-2192

Healthworks is a fitness and wellness facility that offers a broad scope of health enhancement programs for people of all ages.

Hours : Monday -Thursday 5:00 am to 8:30 pm; Friday 5:00 am-7:30 pm; Saturday & Sunday 8:00 am-4:00 pm

Dawson County

Black Bridges Fitness Center

420 South Merrill Ave
Glendive, MT
406-377-7777

Roosevelt County

Daya Tibi Wellness Center

Free to Seniors over 55

233 Us Highway 2 E
Wolf Point, MT
406-653-3770

Poplar Wellness Center

Free to Seniors over 55

Main St
Poplar, MT
406-768-5630

Fitness Services

Williams County

Anytime Fitness

24 hour fitness facility

Anytime Fitness offers group classes

As well as personal trainers. Call during staffed hours weekdays 9 - 4 to set up your membership.

1542 16th Street West,
Williston, ND
701-774-1935

Curves

Created specifically for women,
Curves offers a complete fitness and
nutrition solution.

34 24th Street West,
Williston, ND
701-577-5000

Eagle Ridge Wellness Center

Offers fitness opportunities for
all ages.

Hours—

Monday - Thursday 6:00 am to 10:00 pm

Friday 6:00 am to 9:00 pm

Saturday 7:30 am to 7:00 pm

Sunday 12:00 pm to 7:00 pm

512 Main Street
Williston, ND
701-774-0320

Health Care Resources

Office of Public Assistance

Richland County
1201 W Holly St Suite 1
Sidney, MT
406-433-2282

Dawson County
121 South Douglas Street
Glendive, Mt
406-377-4314

Sheridan County
100 W Laurel Ave
Plentywood, MT
406-765-1370

Roosevelt County
400 2nd Ave S
Wolf Point, MT
406-653-1210

Provides help paying for medical costs for children and families, pregnant women, disabled individuals and elderly individuals. You may qualify for these services even if you have other health coverage.

You may qualify for assistance with your health insurance or Medicare premium payment, as well as medical services not covered by your policy.

Applications for the Montana Healthy Kids program are available at any local office. Referrals may also made to other programs as appropriate.

Health Care Resources

Action For Eastern Montana

Dawson county
2030 N. Merrill Ave
Glendive, MT
406-377-3564

Richland County
Commission on Aging
1201 W Holly suite 1
Sidney, MT
406-433-3701

Sheridan County
100 W Laurel Ave
Plentywood, Mt 59254
406-765-3412

Roosevelt County
124 Custer Ave
Wolf Point, MT
406-653-6227

Action for Eastern Montana provides services for Seniors including, transportation, skilled nursing care, homemaker services, health screenings, respite care, Legal Services, and meal services.

All services provided by Action are part of the Older Americans Act and are administered by the local county Council on Aging.

Health Care Resources

Richland County

Sidney Health Center clinic

216 14th Ave SW
Sidney, Mt
406-488-2100

With on site staff that specialize in:

Family Medicine

General Surgery

Surgery

Anesthesia

Obstetrics/Gynecology

Podiatry

Nurse Practitioner.

Internal medicine,

Ear-nose and Throat

Radiology

Pediatric medicine

Orthopedic surgery

Pathology

Specialists

Some specialists visit on a monthly basis and can be seen upon referral by your doctor.

Mondak Family Clinic

Family Practice walk-in clinic.

304 s Ellery Ave
Fairview, Mt
406-742-5261

Richland County Health Department

Provides services to seniors
such as immunizations and foot care.

1201 W Holly Suite 1
Sidney, Mt
406-433-2207

The Health Department is the county site for the Montana Comprehensive Cancer control Program. This program provides cancer education and screening services. The Health Department also provides health screening services at the Richland County Senior Centers. Please call for a more detailed explanation of services.

Health Care Resources

Eastern Montana Mental Health center 1201 W Holly suite 4
Sidney, Mt
Provides counseling, day treatment 406-433-4635
case management and therapeutic aid services.

Home and community based Services 124 S Central Ave
Sidney, MT
Also known as Medicaid Waver 406-345-2193
Provides case managers to help seniors get
the services they need to remain independent in their homes.

Home Health 116 3rd Ave NW
Sidney, MT
Services are provided to 406-488-2138
homebound seniors on a referral basis.
Services can include Nurse care, physical and occupational therapy, and Social
Services.

Home Care Service 107 2nd St NE
Sidney, MT
Personal care services are 406-43-3180
Provided for seniors in their homes.

Caring 65 Sidney, MT
406-768-7962

Transportation to and from medical appointments in Richland County are provided free to the patient through the Hospital and Richland County Transportation. Call Richland County Transportation to arrange pick up.

Health Care Resources

Dawson County

Glendive Medical Center

202 Prospect Drive
Glendive, MT
406-345-3306

With on site staff that specialize in:

Anesthesia
Emergency Medicine
General Practice
Internal Medicine
Orthopedics
Radiology

Behavioral Health
Family Medicine
General Surgery
Obstetrics/Gynecology,
Pediatrics

Specialists

Some specialists visit on a monthly basis and can be seen upon referral by your doctor.

Advantage 65

Provides transportation, assistance with insurance paperwork, blood pressure screening, and a reduction in medical bills after all insurances have paid.

202 Prospect drive
Glendive, MT
406-345-3307

Alzheimer Support Group

Meetings are held on the third Thursday of each month. Also provides additional resource materials

2000 Montana Ave
Glendive, MT
406-345-3326

Health Care Resources

Cancer: I Can Cope

An Educational Program for cancer patients, family and friends.

202 Prospect Drive
Glendive, MT
406-345-3306

Cancer Support Group

Meetings held the second Saturday of the month and provides information and support to patients and families.

104 S. Merrill Ave
Glendive, MT
406-377-4639

Community Home Oxygen

Provides oxygen, wheel chairs, hospital beds, and other items needed to help keep patients in their homes.

114 W. Benham St
Glendive, MT
406-365-5995

Cardiac Rehabilitation Program

Helps patients with heart disease recover faster and return to their lives.

202 Prospect Drive
Glendive, MT
406-345-3375

Dawson County Health department

Provides clinics, immunizations, vision and hearing screenings, and health education.

207 W Bell ST
Glendive, MT
406-377-5213

Health Care Resources

Diabetes Care Program

Focuses on education, management and self-care based on the American diabetes Association guidelines.

202 Prospect Drive
Glendive, MT
406-345-3387

Diabetes Support Group

Meetings on the 1st Thursday of the month for information and support.

202 Prospect Drive
Glendive, MT
406-345-8962

Eastern Montana Community Mental Health Center

Provides individual and group counseling; support groups and case management services go along with day treatment and medication management.

313 W Valentine St
Glendive, MT
406-377-6075

Eastern Montana Veterans Home

Provides a full range of long term care services for Veterans and their spouses.

2000 Montana Ave
Glendive, MT
406-345-8855

Gabert Medical Services

Offers a Health Care clinic offers after hours care to provide an alternative to traditional medial office visits. No appointment necessary.

107 Dilworth
Glendive, MT
406-345-8901

Health Care Resources

Home Care

117-B Kendrick Ave
Glendive, MT

Skilled services provided by RNs
for Physical, Occupational and Speech Therapy,
services can be intermittent and on a part time basis.

406-345-3395

Home Medical Supplies

202 Prospect Drive
Glendive, MT

Provides medical supplies for purchase
or for rent.

406-345-3339

Multiple Sclerosis Support Group

107 Dilworth
Glendive, MT

Monthly meetings are held as well as
discussions and teleconferences on new
medications and therapies.

406-337-8903

Pulmonary Rehabilitation Program

202 Prospect Drive
Glendive, MT

Programs offers education for patients
dealing with lung disease.

406-345-3375

Sandy Eickmann— Licensed Counselor

106 1/2 N. Kendrick Ave
Glendive, MT

Provides services and counseling

406-377-7336

Health Care Resources

Sheridan County

Sheridan County Memorial Hospital 440 W Laurel Ave
Plentywood, Mt
406-765-3733

With staff that specialize in:

Family practice and Emergency medicine

There are also on-site visiting specialists and telemedicine options.

Sheridan County Health Department 100 W Laurel Ave
Plentywood, Mt
406-765-3410

Provides immunizations, health monitoring, and health education services.

Home Health 440 W Laurel Ave
Plentywood, MT
406-765-3733

Provides holistic management of patient care in the home. Physician order needed to being services.

Durable Medical Equipment and Home Oxygen Sales 440 W Laurel Ave
Plentywood, Mt
406-765-3733

Can provides services such as oxygen, hospital beds, wheelchairs, lift chairs, walkers, and power scooters.

Health Care Resources

Roosevelt County

Trinity Hospital

With medical staff specializing in

Family Medicine, Emergency Medicine, and Anesthesia.

315 Knapp St
Wolf Point, Mt
406-653-2100

Listerud Rural Health Clinic

With medical staff specializing in

Family Medicine, Obstetrics/Gynecology, as well as Geriatrics

301 Knapp St
Wolf Point, Mt
406-653-2150

Chief Red Stone Clinic

Indian health services
With medical staff specializing in

Family Medicine

550 6th Ave N
Wolf Point, MT
406-653-1641

Poplar Community Hospital

With medical staff specializing in

Family Medicine and Emergency Medicine.

211 H ST E
Poplar, MT
406-768-6100

Riverside Family Clinic

With medical staff specializing in

Family Medicine and Emergency Medicine.

209 1/2 H St
Poplar, MT
406-768-5171

Health Care Resources

Poplar: Renal Dialysis Center

Dialysis services available 6 days a week

401 B St E
Poplar, MT
406-768-5468

Roosevelt Memorial Hospital

With medical staff specializing in

818 2nd Ave E
Culbertson, MT
406-787-6461

Family Medicine, Chiropractic services , Radiology, and Obstetrics/
Gynecology

Roosevelt County Health Department

Provides immunizations and health screenings, as well as health education.

124 Custer St
Wolf Point, MT
406-653-6227

Fort Peck Tribal Health Department

Provides general health services for tribal members including, community health representatives, nutrition services, diabetes diagnosis and assistance, and community health education.

107 H St E
Poplar, MT
406-768-3491

Roosevelt County Vision Clinic

Provides services including diagnosis and treatment of eye infections and emergency eye care.

330 Main St
Wolf Point, Mt
406-653-2001

Health Care Resources

Williams County

Mercy medical Center

1301 15th Ave W
Williston, ND
701-774-7400

With on site staff that specialize in:

Anesthesiology
Emergency medicine
General Surgery
Internal Medicine
Ophthalmology
Orthopedic Surgery
Pediatrics
Radiology

Ear-Nose and Throat
Family Practice
Gynecology
Obstetrics/Gynecology
Oral Surgery
Pathology
Psychiatry
Urology

Tioga medical Center

810 N Welo St
Tioga, ND
701-664-3305

Provides Acute care services.

It also provides care clinics to outline communities.

Tioga Clinic

701-664-3368

Ray Clinic

701-568-3624

Powers Lake Clinic

701-464-5668

Health Care Resources

Craven Hagan Clinic

1213 15th Ave W
Williston, ND,
701-572-7651

Trinity Community Clinic

1102 Main ST
Williston, ND
701-572-7711

Home Health Care

Available to Medicare recipients through Mercy Medical Center. Skilled services provided by RNs for Physical, Occupational and Speech Therapy services can be intermittent and on a part time basis.

1301 15th Ave. W
Williston, ND
701-774-7430

Medquest Home Medical Equipment

Provides home medical equipment such as hospital beds, wheel chairs, walkers, and lift chairs.

1602 11th St W
Williston, ND
701-774-7438

Home Care Services

Eastern Montana

Living Independently for Today
and Tomorrow

Glendive, MT
406-3774062

Provides independent living services including building equipment rentals and assistance with home modification.

Richland County

Home Maker Services

410 3rd Ave. SW
Sidney, Montana
406-433-4681

Service provides light housekeeping
for a small suggested donation.

Williams County

Home Maker Services: Contact

Williams County Social Services

701-774-6300

Easter Seals Goodwill

1-866-895-1589

Housing Resources

Richland County

Richland County Housing Authority 1032 6th St. SW
Sidney, MT

The Richland County Housing Authority's goal is to provide quality housing for low-income families in Richland county. The housing authority owns 86 units in Sidney and Fairview. They work with local and state resources to provide a financial assistance to qualified low-income applicants. 406-433-1978

Crestwood 410 3rd Ave. SW
Sidney, Montana
406-433-3721

Crestwood is a HUD subsidized living facility for those 62 years and older or disabled who are interested in keeping their freedom and wanting a friendly atmosphere.

The Lodge at Lone Tree Creek 1015 7th Ave SW
Sidney, MT,
406-488-4682

The Lodge at Lone Tree Creek is an assisted living facility for seniors 55 and older, that provides seniors with independence, security, home cooked meals, medication services, and nursing assistance. Licensed through the State of Montana.

Savage Sunrise Manor 425 S Mesa St
Savage, MT
406-776-2040

Savage Sunrise Manor is an assisted living facility. It has the capability of providing residents with 24 hour care, 3 meals a day, housekeeping services, daily physical and social activities.

Housing Resources

Fairview Senior Housing

Provides independent living to seniors
In the Fairview area.

516 South Central Ave
Fairview, Mt
406-742-5818

Dawson County

Dawson County Housing Authority

Provides low-income housing for
those who qualify for housing assistance

200 California St
Glendive, Mt
406-433-1978

Heritage on Merrill

Provides a comfortable independent
Living facility with privacy, security and available
24 hour professional care.

1313 N. Merrill Ave
Glendive, Mt
406-377-7700

Robinson Care Center

Assisted Living Center which provides
24hour care; assistance with daily activities,
and social activities.

408 Chestnut Ave
Glendive, MT
406-377-5918

Housing Resources

Sheridan County

Pioneer Manor

Provides affordable retirement living.
Also light housekeeping and all meals are provided.

605 N Sheridan St
Plentywood, MT
406--765-1400

La Casa

An assisted living facility which
Provides personalized care to each resident.

408 E Lasater Ave
Plentywood, MT
406-765-1669

Roosevelt County

Fort Peck Housing Authority

Working on housing issues in
the Fort Peck reservation area.

503 6th Ave E
Poplar, Mt
406-768-3459

Fort Peck Housing Improvement Program

406-768-3560

Housing Resources

Williams County

Williams County Housing Authorities.

Ray	701-568-3563
Tioga	701-664-2793
Trenton	701-572-6792
Williston	701-572-2006

Bethel Assisted Living Center 1705 3rd Ave W
Williston, ND
Assisted living facility for seniors
55 and older. 701-572-2688

Briarwood Apartments 10 20th St W
Williston, ND
Independent living facility for seniors
age 55 and older. Briarwood provides some
2 meals a day Mondays– Fridays. 701-572-6531

Golden Estates Apartments 56 22nd St. W
Williston, ND
Senior apartments. 701-744-8089

The Kensington Evergreen 1001 24th St
Williston, ND
An Assisted Living facility. 701-774-0424
The Kensington provides residents with
24hour care to help them remain healthy and independent.

Information Resources

Ombudsman Services

Richland and Dawson County

2030 N. Merrill Ave
Glendive, MT
406-377-3564

Roosevelt and Sheridan County

PO Box 771
Wolf Point, Mt
406-525-3629

Williams County

North Central Human Service Center
Minot, ND
1-888-470-6968

An Ombudsman is a person who works with the elderly or disabled residents of long-term care facilities. The ombudsman can help residents understand their rights and look into situations of concern on behalf of the residents.

Information and Assistance Services

Richland County

Marilyn Mischel
406-377-3534

Sheridan County

Vicki Ruby
406-765-3412

Supportive Service Coordinator

Located at Crestwood

410 3rd Ave SW

Sidney, MT

406-433-4681

Provides services to tenants and the surrounding community to clarify those complicated Medicare and Medicaid issues that arise, along with linking people to community services which help maintain their independence

Nursing Homes

Richland County

Sidney Health Center Extended Care 104 14th ave NW
Sidney, MT
406-488-2300

Works with patients to help them live life to the fullest. Services include skilled 24 hour nursing care, a beauty salon, and daily activities.

Dawson County

Glendive medical Center Extended Care 202 Prospect Drive
Glendive, MT
406-345-3320

Offers a range of specialized senior services, including 24 hour nursing care, Alzheimer care, and hospice.

Eastern Montana Veterans Home 2000 Montana Ave
Glendive, MT
406-345-8855.

Services provided to U.S veterans who qualify for skilled nursing care. Services include 24hour nursing, therapy, Alzheimer's care, social services and support groups.

Sheridan County

Sheridan County Memorial Hospital 440 W Laurel Ave
Plentywood, MT
406-765-3766

Provides quality 24hour long term nursing care.

Nursing Homes

Roosevelt County

Faith Lutheran Home

Provides 24 hour short term nursing care for Tribal members.

1000 6th Ave
Wolf Point, MT
406-653-1400

Roosevelt Memorial Nursing Home

Provides 24 hour nursing care in connection with Roosevelt memorial hospital.

818 2nd Ave
Culbertson, Mt
406-787-6281

Senior Long Term Care

Provides 24 hour nursing care.

10 Main St
Wolf Point, Mt
406-653-3520

Williams County

Bethel Lutheran Home

Affiliated with the Evangelical Lutheran Church of America the home has services ranging from independent living apartments, to long term care and dementia services. Services may also include Respite care.

1515 2nd Ave W
Williston, ND
701-572-6766

Tioga Medical Center Long Term Care

Provides 24hour nursing care and social opportunities.

810 Welo St
Tioga, ND
701-664-3313

Nutrition Services

Office of Public Assistance

Richland County
1201 W Holly St Suite 1
Sidney, MT
406-433-2282

Dawson County
121 South Douglas Street
Glendive, Mt
406-377-4314

Sheridan County
100 W Laurel Ave
Plentywood, MT
406-765-1370

Roosevelt County
400 2nd Ave S
Wolf Point, MT
406-653-1210

Williams County Social Services

110 W Broadway Ste 202
Williston, ND
01-774-6300

The Montana Offices of Public Assistance and Williams County Social services both provide access to and information on these government nutrition services.

Supplemental Nutrition Assistance (SNAP)

Formerly food stamps this program provides supplemental food assistance to low income people and works to improve the nutrition, health, and wellbeing of SNAP recipients

Temporary Assistance for Needy Families (TANF)

Provides temporary cash assistance for families that meet the criteria.

Nutrition Services

Richland County

Commission on Aging

1201 W Holly suite 1
Sidney, MT
406-433-3701

The Richland County Commission
On Aging provides seniors with meal
Services including

Home Delivered Meals: (Meals on Wheels)

Sidney Prepared by the Sidney Health Center and delivered
by area volunteers Mondays - Fridays.

Fairview Prepared at the Fairview Senior Center Mondays - Fridays.

Senior Commodities

202 3rd Ave SE
Sidney, Montana
406-488-8126

Program provides food distributions
each month to those seniors who meet the age
and income guidelines.

Congregate meals: Served at area senior centers

Fairview Senior Center

516 S Central St
Fairview, MT
406-747-5635

Congregate meals are served on
Mondays and Thursdays at 11:30.
Seniors are invited to join socializing on Wednesdays from 1-4.

Nutrition Services

Senior Congregate Meals (cont.)

Fox Lake Senior Center, Lambert

Main st
Lambert, MT
406-774-3439

Congregate meals are served on Tuesdays and Thursdays at Noon. Seniors are invited to join in socializing from 8 am till 3pm on Tuesdays and Thursdays.

Savage Senior Citizen Center

406-798-3412

Congregate meals are served on Thursdays at Noon. Seniors are invited to join socializing from 10am till 3 pm on Thursdays.

Sidney Senior Center

813 3rd Street NE
Sidney, MT
406-433-8077

Congregate meals are served on Mondays and Fridays at 11am. Seniors are invited to join socializing and card playing at noon on Thursdays.

Richland County Food Bank

204 2nd Ave NE
Sidney, MT
406-433-8142

Yellowstone community church

137 Mesa Avenue
Savage, MT
406-776-2236

Fairview Food Bank

Zion Lutheran Church
309 S. Central Ave
Fairview, MT
406-742-5523

Nutrition Services

Dawson County

Dawson County Food bank

Provides food to families in the community who are in emergency situations.

313 W Valentine St
Glendive, Mt
406-377-3564

Dawson County Health Department

Provides Meals on Wheels to seniors 60 and older.

207 W Bell St
Glendive, MT
406-377-5213

Richey Senior Citizen Center

Provides noon meals Monday through Thursdays to seniors.

201 S Main St
Richey, Mt
406-773-5964

Sagebrush Alley Senior center

Provides noon meals Monday through Friday to senior

604 Grant St
Glendive, Mt
406-377-3791

Nutrition Services

Sheridan County

Home Delivered meals

100 W Laurel Ave
Plentywood, Mt
406-765-3410

Meals are available to anyone who is over 60 and is housebound in the Plentywood or Westby area. Call to set up service.

Senior Commodities

Plentywood	406-765-1342
Medicine Lake	406-789-2200

Provides 30 pounds of food per month for low income seniors in Sheridan county

Golden Years Club

120 W 2nd Ave
Plentywood, MT
406-465-2034

Serves congregate meals for a 3 dollar suggested donation.

Medicine Lake Senior Center

106 Main St
Medicine Lake, Mt
406-789-2555

Congregate meals served at noon on Thursdays.

Outlook Senior center

512 2nd St
Outlook, Mt
895-2465

Serves congregate meals Mondays through Fridays .

Westby Community Center

208 Main St
Westby, MT
406-385-2406

Serves congregate meals at noon on Tuesdays and Thursdays.

Nutrition Services

Roosevelt County

Roosevelt County Senior Center	400 2nd Ave S Wolf Point, MT 406-653-6299
Service Congregate meals at 11:30 Mondays through Fridays	
Culbertson Senior Center	100 Broadway St Culbertson, MT 406-787-6625
Serves Senior congregate Meals	
Bainville Senior Center	300 Clark St Bainville, Mt 406-769-2064
Provides senior meals	
Poplar Senior Citizen Program	605 Indian Ave Poplar, Mt 406-768-3673
Provides congregate meals as well senior information services.	
Froid Senior Center	406-766-2454
Wolf Point Nutrition Program	550 6th Ave N Wolf Point, Mt 406-653-1300

Nutrition Services

Senior Food Services

Poplar
401 B ST E
Poplar, Mt
406-768-3866

Wolf Point
517 1/2 6th Ave S
Wolf Point, MT
406-653-2230

Senior nutrition education and meal programs available.

Basket Of Hope

Food Bank

603 e G St
Poplar, MT
406-768-3673

Meals on Wheels

Meals delivered to homebound seniors over the age of 60. Call to arrange delivery in the Culbertson area.

818 2nd Ave E
Culbertson, MT
406-787-6401

Nutrition Services

Williams County

Commodity Supplemental Food program

Food baskets provided by the
Community Action partnership for seniors 60
and older.

701-572-8191

Senior Congregate Meals

Tioga
Tuesdays and Fridays at Noon

701-664-3425

Heritage Center

Meals Served Mondays—Fridays at
Noon. Please call for a reservation.

18 main St
Williston, ND
701-557-6751

Prairie view Apartments

Meals served Monday—Fridays at
Noon. Please all for a reservation.

1801 8th Ave E
Williston, ND
701-557-6751

Tioga Food Pantry

313 S Torning
Tioga, ND
701-664-2349

Nutrition Services

Salvation Army	15 main St
	Williston, ND
Food Pantry	701-572-2921

Grocery Delivery Services

Tioga : Mark It Foods	701-664-2315
-----------------------	--------------

Williston: Economart	701-572-2927
----------------------	--------------

Walt's Market	701-577-5973
---------------	--------------

Home Delivered Meals	701-577-6752
----------------------	--------------

Delivered Mondays-Fridays to homebound clients in the Williston area.
Call to set up arrangements.

Senior Centers

Senior centers provide services such as congregate meals and social activities.

Richland County

Fairview Senior Center 516 S Central St
Fairview, MT

Congregate meals are served on
Mondays and Thursdays at 11:30.

Seniors are invited to join socializing on Wednesdays from 1-4.

Fox Lake Senior Center, Lambert Main st
Lambert, MT
406-774-3439

Congregate meals are served on
Tuesdays and Thursdays at Noon. Seniors
are invited to join in socializing from 8 am till 3pm on Tuesdays and Thursdays.

Savage Senior Citizen Center 406-798-3412

Congregate meals are served on Thursdays at Noon.
Seniors are invited to join socializing from 10am till 3 pm on Thursdays.

Sidney Senior Center 813 3rd Street NE
Sidney, MT

Congregate meals are served on
Mondays and Fridays at 11am. Seniors are
invited to join socializing and card playing at noon on Thursdays.

Senior Centers

Dawson County

Richey Senior Citizen Center
Provides noon meals Monday through Thursdays to seniors.

201 S Main St
Richey, Mt
406-773-5964

Sagebrush Alley Senior center
Provides noon meals Monday through Friday to senior

604 Grant St
Glendive, Mt
406-377-3791

Sheridan County

Golden Years Club
Serves congregate meals for a 3 dollar suggested donation. Monday through Friday.

120 W 2nd Ave
Plentywood, MT
406-465-2034

Medicine Lake Senior Center
Congregate meals served at noon on Thursdays.

106 Main St
Medicine Lake, Mt
406-789-2555

Outlook Senior center
Serves congregate meals Monday through Friday.

512 2nd St
Outlook, Mt
895-2465

Westby Community Center
Serves congregate meals at noon on Thursdays

208 Main St
Westby, MT
406-385-2406

Senior Centers

Roosevelt County

Roosevelt County Senior Center	400 2nd Ave S Wolf Point, MT 406-653-6299
Service Congregate meals at 11:30 Mondays through Fridays	
Culbertson Senior Center	100 Broadway St Culbertson, MT 406-787-6625
Serves Senior congregate Meals	
Bainville Senior Center	300 Clark St Bainville, Mt 406-769-2064
Provides senior meals	
Poplar Senior Citizen Program	605 Indian Ave Poplar, Mt 406-768-3673
Provides congregate meals as well senior information services.	

Williams County

Senior Citizen Program	18 Main St Williston, ND 701-557-6751
Provides meals at 11:30 on weekdays. Also serves the local Meals on Wheels program.	

Transportation Resources

Richland County

Richland County Roundup Bus

406-433-7433

Provides transportation from 8am to 5pm Mondays—Fridays in Sidney. Call to schedule a pickup.

Service also provides transportation for Savage on the 1st Wednesday of each month, Fairview on the 2nd Wednesday of each month, and to Lambert as needed. With additional trips available when staffing and riders warrant it.

Dawson County

Urban Transportation

511 E Slocum St
Glendive, MT

Provides bus service from 7:30 am to 5pm every Monday - Friday. Call to set up a ride.

406-377-5024

Sheridan County

Glenwood Inc.

202 E 1st Ave
Plentywood, MT

Sheridan County Provides public throughout Plentywood by appointment.

406-765-1018 or 406-765-7190

Glenwood Inc also provides medical transportation to Scobey, Sidney, and Williston. Service is from 8am to 4pm with wheel chair accessible busses available.

Transportation Resources

Roosevelt County

Fort Peck Tribes Transportation services 406-768-7962

Provides services in the Fort Peck Area from 8am to 4:30 pm. Please call for a reservation.

Williams County

Northwest Dakota Public Transportation 18 Main st
Williston ND, Service

provided every Monday—Friday 701-557-6753

From 7am till 5:30pm and on Saturdays from
9am till 2 pm. Call to set up a ride.

Mercy Rider Program 701-774-7445 or 701-744-4600

Provides reduced cost ride tickets for Basin Cab to eligible low income individuals. These ride tickets are for medical services only. Contact Williams County Social Services or Mercy Medical Center

Veterans Services

Richland County

VFW Post 4099

Meetings Held every 2nd Thursday of
the month.

124 2nd Ave Ne
Sidney, MT
406-433-9982

Dawson County

Eastern Montana Veterans Home

Full range of health care services for
veterans and their spouses.

2000 Montana Ave
Glendive, Mt
406-345-8855

VFW Post 1125

218 S Merrill Ave
Glendive, MT
406-377-7235

Roosevelt County

Fort Peck Tribes Veteran Affairs Office

501 Medicine Bear Road
Poplar, MT
406-768-5828

Veterans Services

Sheridan County

Butch Leibach Post

Post 4018

210 N Main
Plentywood, MT
406-765-1188

Williams County

Williams County Veterans Services

205 E Broadway
Williston, ND
701-577-4550

William R Larson Post

Post 6139

1708 Rose LN
Williston, ND
701-572-8740

Williston Community Based
Outpatient Clinic

3 4th st E
Williston, ND
701-577-9838

Clinic open from Mondays—Fridays from
8am to 4:30 pm. To enroll in care contact Veterans Services.

Volunteer Services

Senior Companion Program

Eastern Montana
1201 W Holly St
Sidney, MT
406-433-4967

North Dakota
615 S Broadway Suite L3
Minot, ND
701-838-7800

Volunteer program for seniors over 60 providing help and companionship to other seniors in your area based on your abilities and interests.

RSVP

Richland County
1201 W Holly St
Sidney, MT
406-433-2207

Dawson County
604 Grant St
Glendive, MT
406-377-4716

Williams County
407 3rd St SE floor 4
Minot, ND
866-345-7787

Roosevelt & Sheridan County
124 Custer St
Wolf point, MT
406-653-6279

Williams County

Mentors and Friends For Youth

Volunteers are matched with children to provide mentoring relationships.

Box 2172
Williston, ND
701-572-9505

