

# Connecting you with local resources when you need it most.



## How Can It Help?

- LOCAL resources for Richland County
- Help for you, or someone you know
- Access to food resources
- Access to housing resources
- Access to Crisis Counselors
- Support when you have Suicidal Feelings
- Support when you have Anxiety & Depression
- Abuse and Violence Intervention
- and more....

## How It Works?

- Click “Get Resources” for LOCAL Richland County, regional, state, and national resources
- Click “Crisis Text Line” to connect with a live mental health counselor 24/7



Download the app today using one of the QR codes.

**Use access code: RichlandCounty**

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